



PRE-OPERATIVE INSTRUCTIONS FOR VENASEAL CLOSURE SYSTEM

1. Please arrive 5 minutes prior to your procedure time.
2. Please be prepared to spend one to two hours in our office. Though the procedure does not last the entire time, it allows time to prepare you pre-operatively and post-operatively.
3. If you will be using Valium/ Xanax for your procedure, we recommend you make preparations for a driver to take you home the day of your procedure. Your driver does not have to wait during your procedure if he or she can be contacted by us when it is time for you to be discharged.
4. If you have any known drug or latex allergies, please notify us prior to your surgery date.
5. If you are on any blood thinners (e.g. Coumadin, Plavix, aspirin therapy above 325mg per day, etc.) and have not discussed these with us, please notify us prior to your procedure date.
6. Continue taking all other medications and/or supplements as prescribed by your primary care physician or specialist(s).
7. It is recommended that you begin Motrin/ Ibuprofen 24 hours prior to the scheduled VenaSeal procedure and continue use through 48 hours after the procedure. Please take Ibuprofen as directed on the bottle. Please notify your physician if there is any reason that you cannot tolerate Advil, Motrin, or Ibuprofen products prior to your scheduled procedure date.
8. Be sure to stay hydrated by drinking several eight-ounce glasses of water the day before and the day of surgery.
9. Though we recommend bathing before your procedure, please refrain from using body moisturizers (lotions, creams, oils) on the leg that will be affected the day of surgery.
10. Prior to your appointment please shave the leg up to 1-2 inches below the groin area on that side.
11. You do not have to fast prior to your procedure. You may eat and drink until the time of your surgery. We recommend light meals on the day of surgery. Also, avoid carbonated or caffeinated beverages as they may act as diuretics.

If you have any questions regarding the pre-operative instructions or any questions that we have not addressed, please call 316-686-5300.

