



VEIN MAPPING INSTRUCTIONS

- Please arrive 5 mins before your scheduled appointment time.
- Please **do not drink caffeine** for 24 hours prior to exam.
- **Do not wear your compression hose** the day of your appointment.
- **Stay hydrated** the day before your appointment and the day of.

If you have any questions regarding the vein mapping instructions or any questions that we have not addressed, please call 316-686-5300

Thank you,

Heartland Staff